

**Bike-Mech course**

Funding the course-cc02

1<sup>st</sup> July 2004

For this Bike -Mech course there will be a demand from traditional Bikelinks Community groups, non-community individuals and training establishments that are government funded. This document details what is included in the course and options for receiving all or part of the material and services available.

The course can be taken in two ways:

1. To learn as a Tutor for future delivery of the Bike Mech course to others – for example to teach young people in your community.
2. As an individual for personal knowledge about maintaining your own bike.

**Course overview:**

The Bike-Mech course comes in two parts and each one can be taken individually:

- Day 1 To set up a workshop/course and prepare for Health & Safety, Workshop practises, British standard for a bike pre-delivery inspection (PDI), use of tools etc.
- Day 2, specific component training, Wheels, bearings, gear set up.

A manual is provided with the course, plus a copy of the Haynes Bike book for a more comprehensive study of cycle maintenance.

A more detailed overview of the course content is available on request.

**Pre requisites for Tutor training:**

Prior to the delivery of the Bike Mech course to tutors it is recommended that two courses are undertaken by the individual:

- Safe Cycle Assessment – a certified cycle safety check
- Safer Cycling – covering the legal requirements about delivering a cycling activity in a safe manner

For details of the courses please contact Ray Pugh at Cycling Projects.

**Assessments:**

An element of the Tutor training is the need to assess an individual regarding the presentation of material and knowledge of cycle maintenance is up to standard, therefore 2 days will be allocated for the mentoring and assessment.

## Bike-Mech course information and costs

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### Community groups:

Cycling Projects can fund qualifying community groups through its Bikelinks initiative.

Bikelinks will fund the time to deliver the course content i.e. pay for the trainer to Community Groups. We will also help with filling in the funding application forms.

The delivery of the course is by a CD-ROM disc with Microsoft Power Point presentations.

- There is a one off charge of £75.00 to cover production costs. The charge will include 10 copies of the 9 page course material handout, valued at £50.00.
- A subscription of £25.00 p/a will pay for the delivery of updated course information as it becomes available.
- Trainee evaluation – per day £120 ( 2 assessments for tutors)

Overall cost for one person to deliver future courses = £340.00

The minimum number of two attendees as Tutors per course, either from one or more Community groups, maximum number is 6 delegates.

For more than each trainee to deliver the course, we will charge for:

- One set course material
- Subscription for updates
- Trainee evaluation - as above

Community groups can apply for funding for this course through [community champions](#), fund which will provide a grant for up to £2,000.00.

Or contact the Grants Co-coordinator, CAF email : [IDemas@CAFOnline.org](mailto:IDemas@CAFOnline.org)

telephone : 01732 520 345

An alternative source of funding is the Community Learning chest, for groups that are not able to source usual funding. Open for applications, grants £50 to £5,000. To help both individuals and groups play an active role in neighbourhood renewal through learning. The fund is aimed at small community and voluntary sector groups that do not have access to other funds such as:

- Black or minority ethnic groups
- Young, old or disabled people
- Travellers or refugees.
- Lone parents
- Faith communities

The fund will provide funding from ODPM's Neighbourhood Renewal Unit in each of the 88 neighbourhood renewal areas.

## Bike-Mech course information and costs

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North West contacts:

David Lawson, tel 0151 224 6483 or email [dlawson.gonw@go-regions.gsi.gov.uk](mailto:dlawson.gonw@go-regions.gsi.gov.uk)  
Kristin Walton, Tel 0161 952 4380 or email [kw Walton@goregions.gsi.gov.uk](mailto:kw Walton@goregions.gsi.gov.uk)

To provide sustainable income for non-Bikelinks groups the charges are as follows:

For **Individuals** requiring just the one days maintenance training:

- One day course fee of £59.00 plus VAT, total £69.33 that includes a copy of the Haynes Bike book, value £14.99.
- Course availability is subject to bookings for a minimum of 6 people on the day, maximum of 10.
- North West courses will be run from the Cleavley Athletic track, Eccles.

Courses can be run at your location, assuming a room of approximately 4m x 5m is available, with the same attendee limit. There will be no charge for expenses.

### **Local Government funded groups:**

To provide course training for Local Government funded groups, the charges will be as a Community Group, with the addition of trainer costs of £200 per day, plus expenses.

There is a minimum of two delegates per course.

Therefore to train one member of staff to deliver Bike-Mech courses the costs are as follows:

2 day course time £400.00

Copy of course material one off cost £75.00

Subscription for updates £25.00pa

Trainee evaluation – per day £120 + expenses (2 assessments for Tutors)

Overall cost for one person to deliver future courses = £740.00

To train two people as tutors there will be a discounted cost of £640 per delegate, total of £1280 for two tutors.

### **All costs are plus VAT.**

Should you require any further information on the Bike-Mech course or other courses available through Bikelinks please [email](mailto:email) or go through our web site [www.cycling.org.uk](http://www.cycling.org.uk) or ring 0161 736 6366.